

RENEWYOU

TEETH WHITENING

INDULGE WITH OUR PROFESSIONAL TEETH-WHITENING TREATMENTS. OUR DENTAL-GRADE PRODUCTS ARE HAND-APPLIED FOR PRECISE STAIN REMOVAL, ENSURING AN EFFECTIVE TRANSFORMATION EVERY TIME.



STUDIO92

NEXT APPOINTMENT

Date:

Time:

RENEWYOU

TEETH WHITENING

REACH US

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PROUDLY PART OF THE **STUDIO92** COLLECTIVE

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AFTERCARE

FIRST HOUR

Avoid eating or drinking anything for the FIRST HOUR after your Teeth Whitening treatment - water is best!

24 Hours After -

TEETH WHITENING TIPS

1. HYDRATION:

- Stay hydrated to even out your tone and reduce mottling.

2. BRUSHING:

- Brush gently, avoiding the gums.
- Avoid electric toothbrushes and refrain from flossing for 48 hours post-whitening.

3. AVOID ACID:

- Steer clear of acidic foods and drinks (e.g., citrus fruits, vinaigrettes, tomatoes, carbonated beverages) to minimize sensitivity.

4. SENSITIVITY:

- Sensitivity is common post-treatment.
- Take Advil for teeth sensitivity or gum inflammation.
- For mild sensitivity, use Sensodyne toothpaste, rubbing it into your teeth without rinsing.

Results may vary*



Non-smoker, regular coffee and tea drinker. Moved up 18 shades in one treatment

FOODS & DRINKS

For the next 24-hours

NON-STAINING

- | | |
|---------------------|-------------------|
| 1. Water | 8. White Potatoes |
| 2. Milk | 9. Chicken |
| 3. Cheese | 10 Fish |
| 4. Plain Yogurt | 11. Alfredo Pasta |
| 5. Cauliflower | 12. Eggs |
| 6. Bananas & Apples | 13. Perogies |

STAINING

- | | |
|-----------------|----------------------------------|
| 1. Coffee | 1. Dark Lipstick |
| 2. Tea | 2. Soy Sauce |
| 3. Cola | 3. Pomegranates |
| 4. Beets | 4. Blue, Black, and Purple Foods |
| 5. Curry/Spices | 5. Balsamic Vinegar |
| 6. Red Wine | 6. Dark Chocolate |
| 7. Red Berries | 7. Fruit Juices |
| 8. Tomato Sauce | |

Remember the white shirt method -- if it stains a white shirt then it stains your teeth!

STARTING SHADE



FINISHING SHADE



TREATMENT OPTIONS

ULTIMATE WHITE ————— \$229

1 X 65-minute treatment

EXTREME WHITE ————— \$329

2 x 65-minute treatments - Most Popular
(\$129 savings)

TWIN WHITE ————— \$338

1 x Full Treatment Each Person
(\$169 per person when booking together on the same day and time, saving you \$60 each!)

MAXIMUM WHITE ————— \$785

6 x 65-minute Full Treatments
(\$589 savings)

MINI WHITE ————— \$129

1x 45-minute Treatment

TOOTH GEMS ————— \$35

PROTECTIVE ADD-ONS

Gum Barrier ————— \$30

Biofluorid ————— \$20

Biofluorid & Gum Barrier — \$40

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